

My 2027 Challenge Card

Don't promise a year. Finish a challenge. Fill this in before January 1 and put it where you'll see it every day.

1. Write it as it is

Your resolution, no judging.

2. Make it daily

One action you can see.

3. Start, not stop

"Read in bed", not "no phone".

4. Add a finish line

A length and a date.

5. Minimum + witness

A bad-day version and someone who sees it.

2027 challenge

Not a resolution. A challenge with a start, a finish line and someone who sees the proof.

MY RESOLUTION *as it is, e.g. "read more"*

MY CHALLENGE *one daily action, e.g. "10 pages a day"*

☐ It's something I start doing, not something I stop

LENGTH

☐ 21 days ☐ 30 days ☐ 66 days ☐ 75 days ☐ ____ days

START DATE

FINISH LINE

MY MINIMUM ON A BAD DAY *small enough for my worst day*

WHO SEES MY PROOF

HOW *photo, text, group chat*

SIGNED

DATE

**Miss once.
Never twice.**

If I miss a day, I come back tomorrow and do my minimum. A missed day doesn't cancel my finish line.

Colour Your Way There

One box per day. Circle your finish line (21, 30, 66 or 75) before you start.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75

21 DAYS 36 30 DAYS 45 66 DAYS 75 DAYS

☒ Full day
 ☐ Minimum day (counts the same)
 ☐ Missed: come back tomorrow

Halfway check

Fill this in when you're halfway to your finish line.

What's working?

What's getting in the way?

One change for the second half

Notes

At the finish line

You did what you said you'd do. That's the proof.

Days I showed up

What I can do now that I couldn't before

My next challenge

Who I want to thank
