21 DAYS · 10 MINUTES · START ANY DAY

21 Cozy Reading Challenge

Ten minutes with a book, every day, for three weeks. We start Dec 1 and finish on the longest night.

How it works

1. Read for 10 minutes (or one page).
2. Do today's cosy step if you like.
3. Colour a circle. Both count the same.

MY BOOK _____

START DATE _____

MY READING SPOT _____

SETTLE IN

1 DAY 1
Pick one book and put it where you'll see it
◯ 10 MIN ◯ 1 PAGE

2 DAY 2
Make a reading corner: blanket, lamp
◯ 10 MIN ◯ 1 PAGE

3 DAY 3
Read with a hot drink
◯ 10 MIN ◯ 1 PAGE

4 DAY 4
Read before you check your phone
◯ 10 MIN ◯ 1 PAGE

5 DAY 5
Read by lamplight only
◯ 10 MIN ◯ 1 PAGE

6 DAY 6
Copy one sentence you love
◯ 10 MIN ◯ 1 PAGE

7 DAY 7
Week 1 done: count your pages
◯ 10 MIN ◯ 1 PAGE

GO DEEPER

8 DAY 8
Read somewhere new
◯ 10 MIN ◯ 1 PAGE

9 DAY 9
10 minutes before bed, no screens
◯ 10 MIN ◯ 1 PAGE

10 DAY 10
Read aloud, to someone or yourself
◯ 10 MIN ◯ 1 PAGE

11 DAY 11
Phone in another room
◯ 10 MIN ◯ 1 PAGE

12 DAY 12
Read a poem
◯ 10 MIN ◯ 1 PAGE

13 DAY 13
Tell someone about your book
◯ 10 MIN ◯ 1 PAGE

14 DAY 14
Two weeks: reread your favourite line
◯ 10 MIN ◯ 1 PAGE

FINISH COSY

15 DAY 15
Read in a café or library
◯ 10 MIN ◯ 1 PAGE

16 DAY 16
Listen to an audiobook on a walk
◯ 10 MIN ◯ 1 PAGE

17 DAY 17
Read by candlelight (safely)
◯ 10 MIN ◯ 1 PAGE

18 DAY 18
Write 3 lines on how it's going
◯ 10 MIN ◯ 1 PAGE

19 DAY 19
Choose your next book
◯ 10 MIN ◯ 1 PAGE

20 DAY 20
Read a little longer tonight
◯ 10 MIN ◯ 1 PAGE

21 DAY 21
The longest night: read until you're sleepy
◯ 10 MIN ◯ 1 PAGE

Both circles count the same: one page on a busy night is a finished day. Missed one? Read today, don't double up. Miss once, never twice.

21 Books, Pages & Lines

Every book you open in these 21 days, and the lines you want to keep.

TITLE	AUTHOR	PAGES	STARTED	FINISHED	★

LINES I WANT TO KEEP

Pages in 21 days

Best book

What changed in my evenings